

## **Winter Menus 2023/2024**

### **Soups + Stews + Chili + Curry**

Turmeric Chicken + Vegetable

Spiced Squash + Apple

Italian Wedding Soup

Wild Mushroom

Cauliflower + Leek

Vegetarian Carrot Ginger

Vegetarian Middle Eastern Red Lentil

Vegetarian Green Lentil

Split Pea + Ham

White Bean Chicken Chili

Beef Chili

Ground Turkey Chili

Pork Green Chili

Chicken or Vegetarian Tortilla

Lamb Stew

Beef Stew

Chicken + White Wine Stew

Ham + White Bean Stew

Chicken / Vegetable / Shrimp Curry

Chicken or Pork Posole

Leek + Potato Chowder

Seasonal Greens Soup

Black Bean Soup

Mushroom Udon Noodle Soup

Broccoli Cheddar Soup

Vegetarian Chili

Tofu Tom Yum Soup

**Entree Salads + Buddha Bowls**  
**\*add protein\***

Traditional Caesar

Arugula + Parmesan

Chopped Veggie Salad

Antipasto Chopped

Southwest Salad

Greek Salad

“Summer Roll” Salad

Roasted Beets w/ Arugula + Goat  
Cheese + Citrus Vinaigrette

Butter Lettuce + Avocado + Cucumber  
Salad w/ Carrot Ginger Dressing

Sesame Chicken Chopped

Soba Noodle Salad w/ Ginger  
Vinaigrette

Winter Chicories w/ Citrus + Shaved  
Fennel + Goat Cheese

Pear + Blue Cheese + Spiced Walnuts

Asian Chopped Salad

Chickpea/Salmon + Couscous Salad w/  
Feta + Cucumber Dressing

Kale + Farro + Roasted Squash

White House Tavern Style Kale +  
Cabbage + Peanut Slaw

French Lentil + Roasted Carrots

Quinoa + Kale Caesar

Thai Napa Cabbage + Mango Slaw

Broccoli + Tofu Bowl w/ Peanut Sauce

“Sushi” Bowl

Mediterranean Bowl

Burrito Bowl

Roasted Veggie + Quinoa + Halloumi  
Bowls

BBQ Chickpea + Quinoa Bowls

Brown Rice “Bibimbap” Bowls

## **Seafood**

Seared Wild Salmon w/ Meyer Lemon Vinaigrette

Seared Ahi Tuna w/ Sesame Soba Noodles

Shrimp + Snow Pea Stir Fry

Jumbo Lump Crab Cakes w/ Remoulade

Shrimp Pad Thai

Miso Black Cod

Shrimp Enchiladas w/ Poblano Cream

Roast Salmon w/ Braised Lentils + Herb Butter

Garlicky Shrimp w/ Roasted Tomatoes + White Beans

Sweet + Sour Shrimp w/ Pineapple

Wild Salmon Burgers

Shrimp + Israeli Couscous w/ Harissa

Chili Crisp Shrimp + Green Beans

Classic Shrimp Scampi

Slow Roasted Salmon

Honey Chipotle Shrimp Tacos

Shrimp Fajitas

Lemongrass Shrimp

## Poultry

Chicken Enchiladas

Chicken Tagine w/ Olives + Preserved Lemon

Whole Roast Chicken

Crispy Chicken Milanese / Parmesan

Braised Chicken Thighs w/ Artichoke + Onions

Chicken Tikka Masala

Stir Fried Chicken w/ Cashews + Asparagus

Coq au Vin

Braised Chicken w/ Local Beer + Onions

Chicken w/ 40 Cloves of Garlic

Chicken Pot Pie w/ Buttermilk Biscuit Topping

Turmeric + Coconut Braised Chicken

Chicken Fajitas

Chicken Tacos

Orange Chicken

Chicken Fried Rice

Crispy Chicken Thighs w/ Preserved Lemons

Turkey Meatloaf

Chicken Tetrazzini

Chicken w/ Coconut Rice + Cashews

Roast Chicken Provencal

Roast Chicken w/ Fennel + Mandarins

Turkey + Ricotta Meatballs

Turkey + Butternut Squash + Sage Lasagna

Lemongrass Chicken

Chicken Piccata

## **Lamb**

Middle Eastern Lamb Meatballs

Lamb Tagine

Lamb Burgers

Lamb Chops

Shepherds Pie

Moussaka

## **Beef/Pork**

Traditional Pork + Beef Italian  
Meatballs

Carne Asada or Carnitas Tacos

Red Wine Braised Beef Short Ribs

Beef Stroganoff

Swedish Style Meatballs

Beef Bourguignon

Steak Fajitas

Thai Style Pork Lettuce Wraps

Spicy Korean Beef Meatballs

Chipotle Braised Brisket

Asian Style Braised Short Ribs

Beef + Broccoli

Thai Style Beef + Basil

Meatloaf w/ Mushroom Gravy

Vietnamese Style Lemongrass Pork  
Meatballs

Traditional Beef + Pork Bolognese

Orecchiette w/ Spicy Italian Sausage +  
Broccolini

Spicy Pork Noodles

Pork Sausages w/ Braised Cabbage  
and Bacon

## **Vegetarian/Vegan**

Mushroom Bourguignon

Cauliflower + Mushroom Bolognese

Mushroom Carbonara

Turmeric + Chickpea Stew w/ Swiss Chard

Cheese or Spinach Enchiladas

Maple Glazed Tofu

Falafel

Kung Pao Cauliflower

Spinach Lasagna

Eggplant Parmesan

Vegetarian Fajitas

Shiitake + Cabbage Lo Mein

Vegan Cauliflower + Shiitake Lettuce Cups

Vegetable + Chickpea Tagine

Coconut Curry Chickpeas w/ Pumpkin + Lime

Butternut Squash Parmesan

Mushroom Risotto

Vegan Sesame Miso Ramen w/ Crispy Mushrooms + Brussels

Stuffed Shells

Farro + Cauliflower "Parmesan"

Indian Coconut Butter Cauliflower

Leek + Mushroom Cottage Pie

Fusilli + Roasted Cauliflower w/ Capers and Bread Crumbs

Maple Roasted Tofu + Winter Squash

Crispy Tofu w/ Ginger + Spicy Greens

Red Lentil Dal

Quinoa + Goat Cheese Stuffed Acorn Squash

Cauliflower Steaks w/ Chimichurri

Veggie Burger

Lentil Sloppy Joes w/ Coleslaw

Vegetable Pot Pie

Mushroom Shawarma Pitas

Roast Cauliflower Larb Lettuce Cups

Fried Rice

Butternut Squash Brown Butter Orzo

Orzo alla Limone

Vegetarian Paella

Latkes

Gnocchi w/ Butternut Squash + Kale

## **Breakfast**

Breakfast Burritos

Egg Frittata Muffins

Quiche

“Crustless” Quiche

Brioche French Toast Casserole

Egg, Bacon, Hashbrown + Kale Breakfast Casserole

Breakfast Croissant + Sausage Casserole

Baked Oatmeal

Breakfast Breads/Muffins

Chia Pudding

Overnight Oats